

Uncork Your Mind



photo by daniel yella

Wine & Food Pairing Chart

	Wine	Cheese/Nut	Meat/Fowl	Seafood	Veggie/Fruit	Herbs/Spice	Sauces	Desserts
	Sauvignon Blanc	Feta Goat Cheese Pine Nuts	Chicken Turkey	Sole Oysters Scallops	Citrus Green Apple Asparagus	Chives Tarragon Cilantro	Citrus Light Sauces	Sorbet Key Lime Pie
	Chardonnay	Asiago Havarti Almonds	Veal Chicken Pork	Halibut Shrimp Crab	Potato Apple Squash Mango	Tarragon Sesame Basil	Cream Sauces Pesto	Banana Bread Vanilla Pudding
	Riesling	Havarti Gouda Candied Walnuts	Smoked Sausage Duck	Sea Bass Trout	Apricots Chili Peppers Pears	Rosemary Ginger	Sweet BBQ Spicy Chutney	Apple Pie Caramel
	Pinot Noir	Goat Cheese Brie Walnuts	Lamb Sausage Filet Mignon Chicken	Orange Roughy Tuna	Mushrooms Dried Fruit Figs Strawberries	Nutmeg Cinnamon Clove	Mushroom Sauce Light-Medium Red Sauce	Crème Brûlée White Chocolate
	Syrah	Sharp Cheddar Roquefort Hazelnuts	Roast Game Pepperoni Spicy Sausage	Salmon	Currants Stewed Tomatoes Beets	Oregano Sage	Heavy Sauce Red Sauce Barbeque	Black Forest Cake Rhubarb Pie
	Merlot	Parmesan Romano Chestnuts	Grilled Meats Steak	Grilled Swordfish Tuna	Caramelized Onions Tomatoes Plums	Mint Rosemary Juniper	Bolognese Béarnaise	Dark Chocolate Berries Fondue
	Meritage	Blue Cheese Camembert Toasted Cashews	BBQ Tri-Tip Sausage Pizza Duck	Tuna Grilled Shark	Bell Pepper Roasted Shallots Boysenberry Plums	Black Pepper Rosemary Oregano	Béarnaise Marinara Mushroom	Dark Chocolate Berry Cobbler
	Cabernet Sauvignon	Cheddar Gorgonzola Walnuts	Venison Rib Eye Beef Stew	Grilled Tuna	Black Cherries Broccoli Tomatoes	Rosemary Juniper Lavender	Brown Sauce Tomato Sauce	Bittersweet Chocolate Espresso Gelato
	Zinfandel	Brie Aged Cheese	Pork Spicy Sausage Beef Duck	Cioppino Blackened Fish	Cranberries Grilled Peppers Eggplant	Pepper Nutmeg	Spicy Cajun Salsa	Spice Cake Gingerbread Carrot Cake